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| **Year** | **Focus** | **Placement** | **Recommended Assessments** |
| First year | On developing CBT and systemic competencies  Neuropsychological  competencies | Adult Mental Health | At least 3 structured assessments of competency over placement. Focus on CBT and use of CTS-R. |
| Intellectual Disability | At least 3 structured assessments. More focus on systemic model (Systemic Family Practice- Session rating Scale SFP-SRS)). If CBT used ? CTS-R or CBT Psy. |
| Second year | On embedding and consolidation of CBT and systemic competencies  Potential for additional therapy or leadership  Neuropsychological competencies | CAMHS | At least 3 structured assessments. More systemic focus (SFP-SRS), but also CBT with appropriate measure (CBT-SCF or CTS-R) |
| Older Adults | At least 3 structured assessments. Likely to be a focus on both CBT and systemic, CTS-R and/or SFP-SRS |
| Third year | Focus on professional development and preparation for qualification  Consolidation of CBT/systemic skills  Potential for further therapeutic model  Neuropsychological competencies | Specialist placement 1 | At least 3 structured assessments.  Choice, one of which leadership focused |
| Specialist Placement 2 | At least 3 structured assessments.  Choice, one of which leadership focused |